3: Read E-5 (1935-1939)1960
FR5 Ngoni FR5

827 577 gardens was not required of most Ngoni women, though they were expected to know by experience how to hoe and to pound, to mud walls and to clean a house in order to supervise their helpers and to see that household work was done efficiently.

577 581 [826] In addition to being healthy, the ideal Ngoni woman was always well-groomed. She might lack the facial formation of high cheek-bones, narrow nose and deep-set eyes and the light bronze colouring which were the accepted standards of beauty. Even without these natural, usually inherited, [302] advantages she spent, as we have seen, much time every day taking care of her skin and hair. When she was receiving [291] visitors or sitting outside her hut, her two long cloths, one fastened under the armpits and the other over one shoulder and knotted on the chest, were carefully draped and arranged. If she walked to another compound or out of the [516] village on the road, or walked or danced in any ceremony, her dignity of bearing and poise of head was always marked. She did not hurry, but, as the Ngoni said, 'she walked strongly'. A government official passing an octogenarian [481] Ngoni princess on the road stopped and offered her a lift in his car. She looked him up and down and said: 'Thank you, young man. I can still walk.'

577 602 Many references have been made already to the relationship between a wife and her husband, and between a wife, especially a young one, and her husband's relatives. The keynotes of this relationship were devotion to her husband, respect for his relatives, and circumspection in her relations with her co-wives and with her non-Ngoni helpers. Jealousy between co-wives was recognized by the Ngoni but not condoned, and the young wife at marriage was warned by her own family against quarrelling with anyone, co-wives, helpers or in-laws, though the last was almost unthinkable.

577 592 Competence in household management, being a successful 'châtelaine', made many demands on a Ngoni woman if she were to live up to what was considered an ideal house-

343
417
481
285
415

8. A well-filled grain store

342
415
516
291
301
243

[facing page 48]

9. Winnowing